# FACEBOOK LIVE SERIES WITH MOLLY MACDONALD

# **COVID-19 CRISIS EPISODE #11**

Lillie D. Shockney - Johns Hopkins Medicine\*

### Planning a Metastatic Breast Cancer Retreat

Johns Hopkins Kimmel Cancer Center

The Johns Hopkins Breast Center was the first institution to develop and conduct retreats for patients with metastatic breast cancer. There is a great need for these three-day, two-night programs to be offered across the country given nearly 40,000 women die each year due to breast cancer. The support and resources provided to patients and their loved ones is profound. All stage IV breast cancer patients deserve this opportunity.



Presented by:

EXACT

SCIENCES

EPINK¢FU/

REAL HELP

Learn More

# The Only Metastatic Cancer Survivor Retreat of its Kind

Johns Hopkins Medicine

At Johns Hopkins, we offer metastatic breast cancer survivors more than medicine. When a cancer patient completes their treatment, they look forward to celebrating their survivorship; but for those forced to deal with metastatic disease, such a celebration will not be in their future. The Johns Hopkins Breast Center holds retreats for stage IV breast cancer survivors and the result is a weekend experience that has been transformational for those who attend as a patient, caregiver, or medical provider.

## Learn More

#### Issues that plague metastatic breast cancer patients include:

- Feeling misunderstood.
- Feeling isolated.
- Constantly dealing with uncertainty.
- Being confused about what palliative care actually is -- it is NOT hospice. It is quality of life preservation and quality of life restoration.
- Doctors are not comfortable discussing bad news, so they do it sometimes quite poorly.
- Patients have the right to have their questions answered.
- Family caregivers are unequipped on how to discuss difficult topics with the patient.
- EVERYONE should have their legal and financial affairs in order and not just those who may be facing death at some point. It also provides a means of control.
- DON'T POSTPONE JOY.

This series is brought to you by a grant from Exact Sciences. To learn more, click here.

\*Lillie D Shockney, RN., BS., MAS, HON-ONN-CG University Distinguished Service Professor of Breast CancerProfessor of Surgery, Johns Hopkins University School of Medicine Co-Developer, Work Stride-Managing Cancer at Work Johns Hopkins Healthcare Solutions

P.O. Box 603, Bloomfield Hills, MI 48303 | 877.234.PINK (7465) | ThePinkFund.org